

Facility Name The Courthouse Racquet Club

Address 1545 Helton Drive
City, State & Zip Florence AL 35634
Facility Contact Ken Irby
Phone # 256-764-0034
E-mail viperdad@comcast.net

Trial Period 30 days
Enrollment Fee Waived
Single Membership \$33.00/mo.
Family Membership \$45.00/mo.
Visitor Pass \$10.00/day
Website None

Additional Information \$38.00/mo. for couples. Facility provides BodyPUMP, BodyFLOW, BodyATTACK, and Step classes. Cybex strength machines and aerobic machines available. Tanning beds available. Child care on site. Racquetball and squash courts, and basketball court.

Facility Name YMCA of the Shoals

Address 2121 Helton Dr
City, State & Zip Florence AL 35630
Facility Contact Erin Crowder
Phone # 256-246-9622
E-mail ecrowder@ymcashaols.org

Trial Period 30 days
Enrollment Fee Waived
Single Membership \$38.00/mo
Family Membership \$56.00/mo
Visitor Pass Monthly membership cost divided into w
Website <http://66.147.244.86/~ymcasha/>

Additional Information Annual fees:
 \$456/single
 \$672/couple & family
 Young adult rates available for ages 18-24 enrolled in school

Facility Name Kinetix Fitness Health Club

Address 5430 Bowman Rd.
City, State & Zip Macon GA 31210
Facility Contact Greg Miller
Phone # 478-405-5220
E-mail kinetixgm@gmail.com

Trial Period 30 days
Enrollment Fee Waived
Single Membership \$49.00/mo.
Family Membership \$29.00/mo. for each additional
Visitor Pass \$5.00/day
Website <http://www.kinetixhealthclub.com/>

Additional Information Kinetix Fitness has been transforming body & mind for a decade with experienced trainers and state-of-the-art equipment. Spacious clubs, incomparable amenities and atmosphere makes Kinetix an inspiring adventure. A wide range of private and group classes are available.

Facility Name Kinetix Fitness Health Club

Address 3035 Watson Blvd., ste. 20
City, State & Zip Warner Robins GA 31093
Facility Contact Greg Miller
Phone # 478-333-3333
E-mail kinetixgm@gmail.com

Trial Period 30 days
Enrollment Fee Waived
Single Membership \$49.00/month
Family Membership \$29.00/mo. for each additional
Visitor Pass \$5.00/day
Website <http://www.kinetixhealthclub.com/>

Additional Information Kinetix Fitness has been in business for a decade with experienced trainers and state-of-the-art equipment in two spacious clubs. A wide range of private and group classes are available.

Facility Name Star Fitness Victory Gym

Address 436 Chili Ave.
City, State & Zip Peru IN 46970
Facility Contact Darcy Cook
Phone # 765-472-0600
E-mail darcycook@att.net

Trial Period 30 Days
Enrollment Fee Waived
Single Membership \$57.00/mo.
Family Membership Spouse \$47/mo, child \$32/mo
Visitor Pass \$20.00/day
Website <http://starfitnessusainc.com/>

Additional Information 24/7 access. Personal training services included with membership.

Facility Name Gold's Gym

Address 6501 E Frontage Rd
City, State & Zip Merriam KS 66202
Facility Contact Trevor Clay
Phone # 913-722-2001
E-mail goldsgymgm@yahoo.com

Trial Period 30 days
Enrollment Fee Waived
Single Membership \$24.95/mo plus tax
Family Membership \$49.95/mo plus tax
Visitor Pass \$5.00/day
Website <http://www.goldsgym.com/locator/?partnerID=188&gold-CM21-6NON71-ACE21ZA22TC&NLA>

Additional Information Couple rate \$39.95/mo plus tax
Annual fee:
\$200.00 +tax single
\$399.95 +tax couple
\$550.00 +tax family

Facility Name Clear Creek Family Activity Center

Address 717 Burks Branch Rd.
City, State & Zip Shelbyville KY 40065
Facility Contact Lea Ann Wood
Phone # 502-633-5059
E-mail lwood@shelbycountyparks.com

Trial Period 30 Days
Enrollment Fee Waived
Single Membership \$49.00/mo.
Family Membership \$72.00/mo.
Visitor Pass \$3.50/day with NS ID
Website <http://shelbycountyparks.com>

Additional Information Free child care and fitness classes for members.

Facility Name Gold's Gym Bowie

Address 62510 Fairwood Pkwy.
City, State & Zip Bowie MD 21014
Facility Contact Anthony Osborne
Phone # 301-805-4653
E-mail bowiemd@goldsgym.net

Trial Period 30 Days
Enrollment Fee Waived
Single Membership \$24.99/mo.
Family Membership \$24.99/mo. each resident
Visitor Pass \$5.00/day
Website <http://goldsgym.com/>

Additional Information For \$29.99 members get unlimited guest passes, 50% drinks and classes, daycare!

Facility Name Gold's Gym Crofton

Address 1625 Crofton Centre
City, State & Zip Crofton MD 21114
Facility Contact Brian Griffin
Phone # 410-451-4653
E-mail croftonmd@goldsgym.net

Trial Period 30 Days
Enrollment Fee Waived
Single Membership \$24.99/mo.
Family Membership \$24.99/mo. each resident
Visitor Pass \$5.00/day
Website <http://goldsgym.com/>

Additional Information

For \$29.99 members get unlimited guest passes, 50% drinks and classes, daycare!

Facility Name Gold's Gym Dundalk

Address 1131 Merritt Blvd.
City, State & Zip Dundalk MD 21222
Facility Contact Raina Dewald
Phone # 410-284-4653
E-mail dundalkmd@goldsgym.net

Trial Period 30 days
Enrollment Fee Waived
Single Membership \$24.99/mo.
Family Membership \$24.99/mo. each member
Visitor Pass \$5.00/day
Website <http://goldsgym.com/>

Additional Information

For \$29.99 members get unlimited guest passes, 50% drinks and classes, daycare!

Facility Name Gold's Gym Marley Sta. Mall

Address 7900 Ritchie Hwy., ste C129
City, State & Zip Glen Burnie MD 21061
Facility Contact Iris Hammerman
Phone # 410-863-4653
E-mail ihammerman@goldsgym.net

Trial Period 30 days
Enrollment Fee Waived
Single Membership \$24.99/mo.
Family Membership \$24.99/mo. each member
Visitor Pass \$5.00/day
Website <http://goldsgym.com/>

Additional Information

For \$29.99 members get unlimited guest passes, 50% drinks and classes, daycare!

Facility Name Gold's Gym Glen Burnie

Address 6324 Ritchie Hwy.
City, State & Zip Glen Burnie MD 21061
Facility Contact Mark Calderone
Phone # 410-789-4653
E-mail GlenBurniemd@goldsgym.net

Trial Period 30 Days
Enrollment Fee Waived
Single Membership \$24.99/mo.
Family Membership \$24.99/mo. each resident
Visitor Pass \$5.00/day
Website <http://goldsgym.com/>

Additional Information

For \$29.99 members get unlimited guest passes, 50% drinks and classes, daycare!

Facility Name	Gold's Gym	Trial Period	30 days
Address	1141 NE Vivion Rd	Enrollment Fee	Waived
City, State & Zip	Gladstone MO 64118	Single Membership	\$24.95/mo plus tax
Facility Contact	Trevor Clay	Family Membership	\$49.95/mo plus tax
Phone #	816-454-2700	Visitor Pass	\$5.00/day
E-mail	goldsgymgm@yahoo.com	Website	http://www.goldsgym.com/locator/?partnerID=18&gold-CM31cNON7IACEFNI7AodTCfNUA
Additional Information	Couple rate \$39.95/mo plus tax Annual fee: \$200.00 +tax single \$399.95 +tax couple \$550.00 +tax family		

Facility Name	The Body Shop Fitness Center	Trial Period	30 Days
Address	780 Hendersonville Rd.	Enrollment Fee	Waived
City, State & Zip	Asheville NC 28803	Single Membership	\$29.95/mo. add \$25/mo. for another per
Facility Contact	Brian Gunter	Family Membership	Ages 13-17 \$15/mo.
Phone #	828-277-1770	Visitor Pass	\$10.00/day
E-mail	sseymour@mail.bodyshopgyms.com	Website	http://bodyshopgyms.com/
Additional Information	One-time \$49 activation fee. 24/7 access to 4 locations. Group fitness classes (Pilates, yoga, etc.) free w/membership. Wide selection of free weights and resistance machines. Cardio equip. have flatscreens. Free child care. 12 mos EFT membership is \$29.95/mo. Even deeper discounts available. Annual \$12 enhancement fee required.		

Facility Name	The Body Shop Fitness Center	Trial Period	30 Days
Address	580 Upward Rd.	Enrollment Fee	Waived
City, State & Zip	Flat Rock NC 28731	Single Membership	\$29.95/mo. add \$25/mo. for another per
Facility Contact	Sherrill Moore	Family Membership	Ages 13-17 \$15/mo.
Phone #	828-692-1166	Visitor Pass	\$10.00/day
E-mail	sseymour@mail.bodyshopgyms.com	Website	http://bodyshopgyms.com/
Additional Information	One-time \$49 activation fee. 24/7 access to 4 locations. Group fitness classes (Pilates, yoga, etc.) free w/membership. Wide selection of free weights and resistance machines. Cardio equip. have flatscreens. Free child care. 12 mos EFT membership is \$29.95/mo. Even deeper discounts available. Annual \$12 enhancement fee required.		

Facility Name	The Body Shop Fitness Center	Trial Period	30 Days
Address	130 Christel Lane	Enrollment Fee	Waived
City, State & Zip	Fletcher NC 28732	Single Membership	\$29.95/mo. add \$25/mo. for another per
Facility Contact	Leticia Cope	Family Membership	Ages 13-17 \$15/mo.
Phone #	828-653-1348	Visitor Pass	\$10.00/day
E-mail	sseymour@mail.bodyshopgyms.com	Website	http://bodyshopgyms.com/
Additional Information	One-time \$49 activation fee. 24/7 access to 4 locations. Group fitness classes (Pilates, yoga, etc.) free w/membership. Wide selection of free weights and resistance machines. Cardio equip. have flatscreens. Free child care. 12 mos EFT membership is \$29.95/mo. Even deeper discounts available. Annual \$12 enhancement fee required.		

Facility Name The Body Shop Fitness Center

Address 2314 Asheville Hwy.
City, State & Zip Hendersonville NC 28792
Facility Contact Joshua McKay
Phone # 828-692-7902
E-mail jmckay@mail.bodyshopgyms.com

Trial Period 30 Days
Enrollment Fee Waived
Single Membership \$29.95/mo. add \$25/mo. for another per
Family Membership Ages 13-17 \$15/mo.
Visitor Pass \$10.00/day
Website <http://bodyshopgyms.com/>

Additional Information One-time \$49 activation fee. 24/7 access to 4 locations. Group fitness classes (Pilates, yoga, etc.) free w/membership. Wide selection of free weights and resistance machines. Cardio equip. have flatscreens. Free child care. 12 mos EFT membership is \$29.95/mo. Even deeper discounts available. Annual \$12 enhancement fee required.

Facility Name West Davidson Snap Fitness

Address 4705 S NC Hwy 150
City, State & Zip Lexington NC 27295
Facility Contact Mindy Faircloth
Phone # 336-853-7627
E-mail westdavidson@snapfitness.com

Trial Period 30 days
Enrollment Fee Waived
Single Membership \$27.00/month
Family Membership \$52.00/mo.
Visitor Pass \$10.00/day
Website <http://www.snapfitness.com/westdavidson/>

Additional Information \$20.00 card fee. \$44.00/mo. for couples. Less than 10 minutes to Spencer Yard. 24/7 access. No contracts. Free personal wellness plan. No contracts required. Free on-line training center. Free personal fitness assessment. Free equipment orientation. Affordable monthly tanning. Use 30 day trial membership during staffed hours only.

Facility Name ProCare Health & Fitness

Address 3200 Fairway Drive
City, State & Zip Altoona PA 16602
Facility Contact Phyllis Baker
Phone # (814) 944-9412
E-mail pbaker@procarefitness.com

Trial Period 30 days
Enrollment Fee Waived
Single Membership \$29.00/mo.
Family Membership \$46.00/mo.
Visitor Pass \$10.00/day
Website <http://procarefitness.com/altoona.html>

Additional Information Note: Enrollment must be completed at the Altoona location, then there is access to 8 locations. Free one-on-one fitness consultation and one hour personal training session

Facility Name ProCare Pleasantville Health Club

Address 119 Follmar Lane
City, State & Zip Alum Bank PA 15521
Facility Contact Phyllis Baker
Phone # (814) 944-9412
E-mail pbaker@procarefitness.com

Trial Period 30 days
Enrollment Fee Waived
Single Membership \$29.00/mo.
Family Membership \$46.00/mo.
Visitor Pass
Website <http://procarefitness.com/altoona.html>

Additional Information Note: Enrollment must be completed at the Altoona location, then there is access to 8 locations. Free one-on-one fitness consultation and one hour personal training session.

Facility Name ProCare Bedford Health Club

Address 125 Willow Grove Commons
City, State & Zip Bedford PA 15537
Facility Contact Phyllis Baker
Phone # (814) 944-9412
E-mail pbaker@procarefitness.com

Trial Period 30 days
Enrollment Fee Waived
Single Membership \$29.00/mo.
Family Membership \$46.00/mo.
Visitor Pass \$15.00/day
Website <http://procarefitness.com/altoona.html>

Additional Information

Note: Enrollment must be completed at the Altoona location, then there is access to 8 locations. Free one-on-one fitness consultation and one hour personal training session.

Facility Name ProCare Penns Valley Health Club

Address 2825 Earlstown Road
City, State & Zip Centre Hall PA 16828
Facility Contact Phyllis Baker
Phone # (814) 944-9412
E-mail pbaker@procarefitness.com

Trial Period 30 days
Enrollment Fee Waived
Single Membership \$29.00/mo.
Family Membership \$46.00/mo.
Visitor Pass \$10.00/day
Website <http://procarefitness.com/altoona.html>

Additional Information

Note: Enrollment must be completed at the Altoona location, then there is access to 8 locations. Free one-on-one fitness consultation and one hour personal training session.

Facility Name JCC Fitness Center

Address 3301 N Front St
City, State & Zip Harrisburg PA 17110
Facility Contact Linda Skulsky
Phone # 717-236-9555 ext 3050
E-mail l.skulsky@jewishfedhbg.org

Trial Period 30 days
Enrollment Fee Waived
Single Membership \$25/month
Family Membership Call for details
Visitor Pass \$5.00/day
Website www.jewishharrisburg.org

Additional Information

Indoor and outdoor pool included with membership

Facility Name ProCare Huntingdon Health Club

Address 85 S 4th Street
City, State & Zip Huntingdon PA 16652
Facility Contact Phyllis Baker
Phone # (814) 944-9412
E-mail pbaker@procarefitness.com

Trial Period 30 days
Enrollment Fee Waived
Single Membership \$29.00/mo.
Family Membership \$46.00/mo.
Visitor Pass \$10.00/day
Website <http://procarefitness.com/altoona.html>

Additional Information

Note: Enrollment must be completed at the Altoona location, then there is access to 8 locations. Free one-on-one fitness consultation and one hour personal training session.

Facility Name ProCare Philipsburg Health Club

Address 911 N Front Street
City, State & Zip Philipsburg PA 16866
Facility Contact Phyllis Baker
Phone # (814) 944-9412
E-mail pbaker@procarefitness.com

Trial Period 30 days
Enrollment Fee Waived
Single Membership \$29.00/mo.
Family Membership \$46.00/mo.
Visitor Pass \$10.00/day
Website <http://procarefitness.com/altoona.html>

Additional Information Note: Enrollment must be completed at the Altoona location, then there is access to 8 locations. Free one-on-one fitness consultation and one hour personal training session.

Facility Name Garver YMCA

Address 820 Grove Street
City, State & Zip Roaring Spring PA 16673-1704
Facility Contact Rod Feather
Phone # 814-224-5101
E-mail rodfeather@embarqmail.com

Trial Period 30 days
Enrollment Fee Waived
Single Membership \$17.00/mo.
Family Membership \$34.00/mo.
Visitor Pass \$9.00/day
Website <http://garverymca.org/>

Additional Information Price assumes one-year contract.

Facility Name Sportsclub

Address 712 Congaree Rd
City, State & Zip Greenville SC 29607
Facility Contact Bob Sides
Phone # 864-228-8282
E-mail bsides@sportsclubsc.com

Trial Period 30 days
Enrollment Fee Waived
Single Membership \$47.00/mo
Family Membership \$93.00/mo
Visitor Pass \$10.00/day
Website

Additional Information Free month trial with 1 year membership contract required///Couple \$70/mo////Annual rates single \$535.80; couple \$798.00; Family rate \$1060.20
 Couple fee \$102.00/mo
 Annual Membership Rates
 single \$809.40....couple \$1162.80...family \$1516.20

Facility Name Sportsclub

Address 667 SE Main St
City, State & Zip Simpsonville SC 29681
Facility Contact Bob Sides
Phone # 864-228-8282
E-mail bsides@sportsclubsc.com

Trial Period 30 days
Enrollment Fee Waived
Single Membership \$47.00/mo
Family Membership \$93.00/mo
Visitor Pass \$10.00/day
Website

Additional Information Free month trial with 1 year membership contract required///Couple \$70/mo////Annual rates single \$535.80; couple \$798.00; Family rate \$1060.20
 Couple fee \$102.00/mo
 Annual Membership Rates
 single \$809.40....couple \$1162.80...family \$1516.20

Facility Name	Sportsclub	Trial Period	30 days
Address	317 Scuffletown Rd	Enrollment Fee	Waived
City, State & Zip	Simpsonville SC 29681	Single Membership	\$62.00/mo
Facility Contact	Bob Sides	Family Membership	\$107.00/mo
Phone #	864-228-8282	Visitor Pass	\$10.00/day
E-mail	bsides@sportsclubsc.com	Website	
Additional Information	Free month trial with 1 year membership contract required///Couple \$84/mo////Annual rates single \$106.80; couple \$957.60; Family rate \$1219.80 Couple fee \$102.00/mo Annual Membership Rates single \$809.40....couple \$1162.80...family \$1516.20		

Facility Name	Sports Barn	Trial Period	30 days
Address	301 Market Street	Enrollment Fee	Waived
City, State & Zip	Chattanooga TN 37402	Single Membership	\$50.00/mo.
Facility Contact	Don Bowman	Family Membership	\$70.00/mo.
Phone #	423-635-4795	Visitor Pass	\$10.00/day
E-mail	dbowman@sportsbarn.net	Website	www.sportsbarn.net
Additional Information	\$60.00/mo. for employee and spouse only. Access to 3 locations.		

Facility Name	Sports Barn	Trial Period	30 days
Address	1790 Hamill Rd.	Enrollment Fee	Waived
City, State & Zip	Chattanooga TN 37343	Single Membership	\$50.00/mo.
Facility Contact	Don Bowman	Family Membership	\$70.00/mo.
Phone #	423-635-4795	Visitor Pass	\$10.00/day
E-mail	dbowman@sportsbarn.net	Website	www.sportsbarn.net
Additional Information	\$60.00/mo. for employee and spouse. Access to 3 locations.		

Facility Name	Sports Barn	Trial Period	30 days
Address	6148 Lee Hwy.	Enrollment Fee	Waived
City, State & Zip	Chattanooga TN 37421	Single Membership	\$50.00/mo.
Facility Contact	Don Bowman	Family Membership	\$70.00/mo.
Phone #	423-635-4795	Visitor Pass	\$10.00/day
E-mail	dbowman@sportsbarn.net	Website	www.sportsbarn.net
Additional Information	\$60.00/mo. for employee and spouse. Access to 3 locations.		

Facility Name Body Works Fitness and Training Center

Trial Period 30 Days

Address 101 Charwood Drive

Enrollment Fee Waived

City, State & Zip Abingdon VA 24210

Single Membership \$30

Family Membership \$49 for couples, \$66 for family

Facility Contact

Phone #

Visitor Pass \$7.00/day

E-mail

Website

Additional Information

Facility Name Greater Bluefield Community Center

Trial Period 30 days for 50% discount

Address 703 College Ave.

Enrollment Fee Waived

City, State & Zip Bluefield WV 25701

Single Membership \$33.30/mo.

Family Membership \$42.30/mo

Facility Contact Butch Tolley

Phone # 304-325-5707

Visitor Pass \$8.00/day

E-mail toleybutch@yahoo.com

Website <http://gbcconline.org/>

Additional Information

\$20.00 for the first month (single or family). Six month minimum. 36,000 sq ft facility with two gymnasiums, racquetball, heated indoor pool. Free weights and Nautilus equipment. Two saunas are available. Membership includes water aerobics and floor aerobics, and yoga classes. Extreme Spin classes and hard-core kick boxing classes available.