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## Number 19! Norfolk Southern employees win 19th consecutive Harriman Award

Norfolk Southern employees' industry-leading safety performance earned an unprecedented 19th consecutive E.H. Harriman Gold Medal award for employee safety.

In all, 12 railroads with the best employee safety records during 2007 — as documented by the Federal Railroad Administration — were recognized at a luncheon ceremony in Washington, D.C. Gold, silver, and bronze medal awards went to companies in three groups of railroads, and to a fourth group of switching and terminal companies.

NS placed first in Group A, comprising the largest railroads. The silver award went to CSX Transportation, while Union Pacific Railway took the bronze.

*“I am honored to accept this award because it represents Norfolk Southern’s sustained leadership in workplace safety.”*

CEO Wick Moorman

CEO **Wick Moorman** said, “I am honored to accept this award because it represents Norfolk Southern’s sustained leadership in workplace safety. One thing we all have learned about safety is the necessity for unwavering, continuous focus and to not rest on our laurels. This 19th consecutive gold medal

for employee workplace safety represents our success over the last year, while encouraging us to continue our quest for zero injuries and zero incidents. What’s most important is that everyone in our company and in this industry goes home safely every day.”

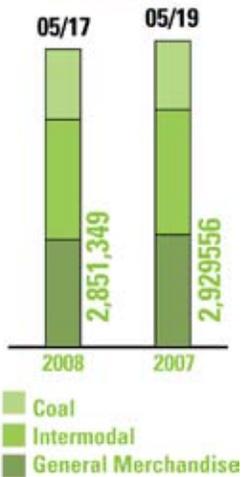
**Mike Kline**, a carman at Williamson Shop on the Pocahontas Division, was recognized as NS’ Harold F. Hammond Award nominee for his personal dedication to safety in the workplace, at home, and in his community.

The annual rail employee safety awards were founded in 1913 by the late Mary W. Harriman in memory of her husband, Edward H. Harriman, a pioneer in American railroading. Awards are granted to railroads on the basis of the lowest casualty rates per 200,000 employee-hours worked, with a formula that takes into account the volume of work performed, as well as the number of fatalities, injuries, and occupational illnesses, all documented and confirmed by the FRA. The awards are administered under the auspices of the E.H. Harriman Memorial Awards Institute, with support from the Mary W. Harriman Foundation.



*Mike Kline, left, Norfolk Southern’s Harold F. Hammond award nominee, receives his plaque from Mark Ronseker, chairman, National Transportation Safety Board. (See group portrait, page 4.)*

## Carloadings Year to Date Week Ending



Week #1 began Dec. 30, 2007, for the year 2008 and Dec. 31, 2006, for the year 2007.

## NS receives 2007 TRANSCAER® National Achievement Award

Norfolk Southern received TRANSCAER's National Achievement Award for 2007 for its dedication to safe hazardous material handling. The award recognizes extraordinary achievement in support of the TRANSCAER initiative that extends beyond the geographic boundaries of any one region.

TRANSCAER - Transportation Community Awareness and Emergency Response - is the voluntary, nationwide outreach effort that helps communities prepare for and respond to possible hazardous material transportation incidents. Volunteers represent chemical producers, distributors, carriers, first responders, and government agencies.

NS was recognized for organizing and assisting with multiple events that trained more than 5,000 emergency responders. Some 196 training classes and drills were held during 120 events, totaling more than 23,000 man-hours of instruction. The company also distributed its Railroad Emergency Response Guide at all training sessions.

NS has sponsored TRANSCAER Whistle Stop tours for the past eight years. The special train brings hands-on hazardous material handling classes and demonstrations to local emergency responders.

In 2007, **Chuck Wehrmeister**, NS vice president safety and environmental, received TRANSCAER's Chairman's Award for his leadership.

"Norfolk Southern has been a leader in training local emergency responders through a combination of hands-on activities, table top exercises, and whistle-stop tours. They have brought crucial



training directly to communities that might face hazmat issues and have enhanced preparation and planning across the nation," said Rollie Shook, national TRANSCAER task group chairman.

TRANSCAER is sponsored by the American Chemistry Council, Association of American Railroads, Chemical Educational Foundation, CHEMTREC®, The Chlorine Institute Inc., and National Tank Truck Carriers Inc. For more information visit [www.TRANSCAER.org](http://www.TRANSCAER.org).

## NS retiree receives AAR's Holden-Proefrock Award

**Tom Davis**, a recently retired Norfolk Southern assistant manager hazardous materials, received the Association of American Railroads' Holden-Proefrock Award presented annually to a person associated with the railroad industry who has made significant contributions to hazardous materials transportation safety throughout his career.

Davis began his career in 1974 with the Illinois Central Gulf Railway and worked for the Association of American Railroads and Conrail before joining NS.

His nomination pointed out his exceptional commitment to hazardous material safety, saying, "He is best known for his passion for teaching and sharing his knowledge with emergency responders. He has always been extremely dedicated to making sure first line responders are capable of safely dealing with rail hazardous material incidents. He is a great instructor and has assisted with the development of many hazmat training programs throughout his career."

## Quick action saves lives of two employees

Quick action by fellow employees saved the lives of two Norfolk Southern employees.

As members of Rail Gang R-8 were leaving their work site at Conway, Pa., to return to their campsite at Latrobe, Pa., they noticed that **Dave Plank**, a speed swing operator, had stumbled and collapsed. Plank was not breathing, and it appeared he had suffered a heart attack. Spiker Operators **Ken Murray**, **Von Phillippi**, and **John Austin** started CPR, pulled a defibrillator from a truck, and administered two shocks. Plank's heartbeat was irregular.

**Mike Bowen**, cribber operator, and **Shawn Murphy**, spiker operator, worked to clear Plank's airway. Foreman **Bob Miller** immediately called **Jim Clark**, welding supervisor, and asked him to have the train dispatcher call for an ambulance. Miller then went out to the road to guide the ambulance to the location.

Meanwhile, Supervisor **Howard Hull** notified Plank's family about the situation and got medical history and medication information for the arriving emergency responders.

Rail Heater Operator **Calvin Price** moved company vehicles blocking the right of way road so the ambulance could get closer to Plank's location. The movement office in Pittsburgh stopped all trains to help the emergency responders get into the area quickly.

EMTs were able to stabilize Plank and transport him to a hospital. Hull went to the hospital and stayed with Plank until Plank's family arrived.

"This was clearly a case where having a defibrillator nearby with employees trained in its proper use and CPR paid off," said **Tommy Thompson**, general division engineer. "The EMTs and hospital personnel said that Dave Plank would not have survived if not for the actions of those involved. This was a team effort by employees on the R-8 rail gang, the division foreman, and the Pittsburgh movement office."

In another incident, at the Williamson, W. Va., locomotive shop, **Tim Vance**, laborer, saw Carman **Danny Hayes** collapse and fall to the floor of the locomotive service pit office. He went to check on Hayes and found him unresponsive. Vance immediately notified Mechanical Supervisor **Paris Stroud** who called 911.

Stroud, plus Carmen **Donnie Marcum**, **Terry Dillon**, and **Vickie Matney** went to help. Hayes was lying on the floor not breathing and with no pulse. Dillon began to administer defibrillation. At the direc-



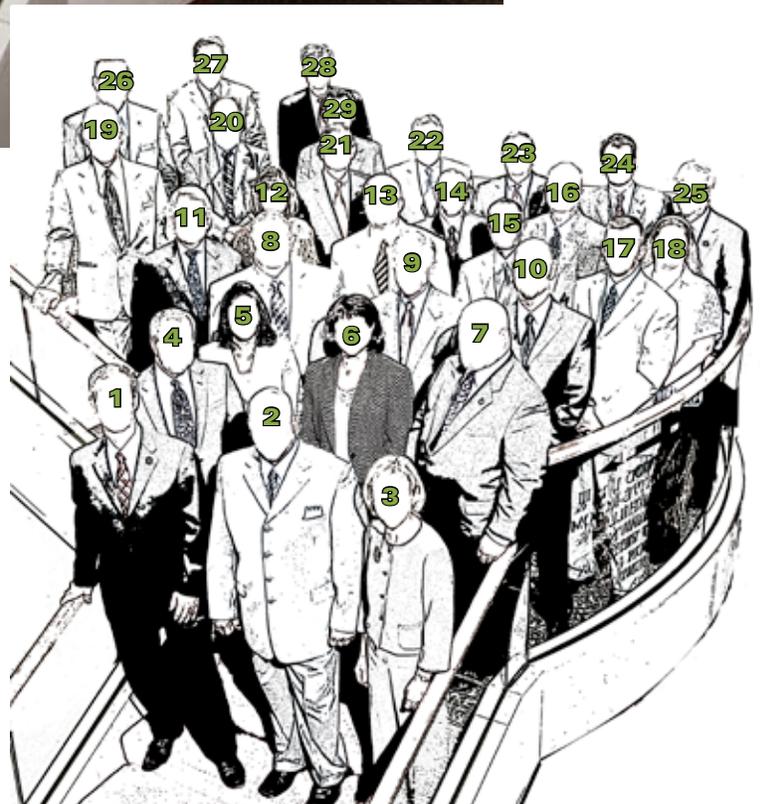
*Front Row, L to R: Von Phillippi, Bob Miller, John Austin, Ken Murray*

*Back Row, L to R: Mark Day, Daniel Cyress, Mike Bowens, Shawn Murphy, Calvin Price*

tion of Dillon, Marcum started CPR. They revived Hayes and stayed with him until EMTs arrived.

Hayes was taken to a local hospital and admitted to the Intensive Care Unit. He then was transferred to another hospital where it was determined that he had suffered a heart attack.

"The physicians at our local hospital told Danny's family that without the immediate action of our employees he would not have survived," said **Randy Byars**, senior general foreman. "I'm immensely proud of how everyone swung into action and prevented a tragedy."



1. Charlie Weaver, crew dispatcher, Douglasville, Ga. 2. Lonnie Lyles, brakeman, Raleigh, N.C. 3. Debbie Butler, executive vice president planning and chief information officer, Norfolk 4. Jerry Fuesler, track foreman, Huntingburg, Ind. 5. Alice Berry, accountant, Roanoke, Va. 6. Dean Lockhart, accounting clerk, Decatur, Ga. 7. David Poff, treasury clerk, Roanoke, Va. 8. Mike Kline, carman, Williamson, W.Va. 9. Steve Tobias, vice chairman and chief operating officer, Norfolk 10. Jim Vance, CYO clerk, Atlanta 11. Wick Moorman, chief executive officer, Norfolk 12. Cinde Ball, word processing operator, Roanoke, Va. 13. Scott Schmidt, engineer, Toledo, Ohio 14. Gary Hite, signal maintainer, Ft. Wayne, Ind. 15. John Gray, conductor, Macon, Ga. 16. Tom Schmidt, engineer, Toledo, Ohio 17. Tim Lovern, engineer, Williamson, W.Va. 18. Aynsley Sowers, secretary, Roanoke, Va. 19. Kris Mynatt, laborer, Parksville, Mo. 20. Tim Drake, vice president engineering, Atlanta 21. Andy Corcoran, general solicitor, Norfolk 22. Tim Heilig, vice president mechanical, Atlanta 23. John Rathbone, executive vice president administration, Norfolk 24. Fred Ehlers, vice president customer service, Atlanta 25. Gerhard Thelen, vice president operations planning and support, Norfolk 26. Dave Lymaster, electrician, Pine Grove, Pa. 27. Dave Stalker, electric welder, New Milford, Pa. 28. Charles (Chuck) Wehrmeister, vice president safety and environmental, Roanoke 29. Jim Squires, executive vice president finance and chief financial officer, Norfolk

## NS hosts drayage conference

Norfolk Southern hosted representatives from the drayage community at its fourth annual NS Intermodal Drayage Conference in Virginia Beach, Va. Drayage companies provide the crucial link to pick up and deliver loaded containers and trailers across the nationwide intermodal network.

Among the events was a discussion about initiatives to help make drayage operations more fluid and efficient at NS intermodal terminals. NS provides a Web-based operational dashboard that shows real-time data on driver activity and a drayage hotline for drivers to access shipment information. Imaging systems and driver kiosks at terminal gates help comply with homeland security initiatives. Effective maintenance and repair services keep drivers and equipment rolling, so the agenda also included improvements in procedures for equipment repairs, a review of gate inspection practices, and defect reporting.

Hosted by **Bob Huffman**, vice president intermodal operations, **Jeff Heller**, assistant vice president international marketing; and **Jim Bolander**, assistant vice president intermodal pricing and development; the event also offered the opportunity to discuss improvements in terminal operations that help draymen provide better customer service.

NS showed its appreciation for drayman during Driver Appreciation Week in 2007 with a gift and a personal thank-you and plans to do so again in 2008.

## NS Exhibit Car to tour 23 cities

The Norfolk Southern Exhibit Car, a traveling showcase highlighting the Thoroughbred of Transportation, will tour 23 cities in 2008.

The Exhibit Car, which has hosted some 1.5 million people in several hundred communities since 1971, houses interactive displays featuring Norfolk Southern's transportation network. New for the 2008 tour is an updated locomotive simulator that puts guests in the engineer's seat in control of a virtual train.

"The car is a rolling ambassador for Norfolk Southern, and it's a great way for people to get to know about the company and how we contribute to communities," said **Rick Harris**, director corporate communications. "They can see how and where we operate and have some fun while they're learning. The car generates a lot of excitement – especially the locomotive simulator. The displays help people understand how vital rail transportation is to the nation."

The nine-state May-December itinerary for the rebuilt passenger coach will include a five-city

whistle-stop train operated by Norfolk Southern to promote safe transportation of hazardous materials, as well as three special trains supporting Operation Lifesaver, the national rail safety education group.

Here is the 2008 Exhibit Car tour schedule:

- May 10: Roanoke, Va., O Winston Link Museum Rail Heritage Festival
- May 17: Old Fort, N.C., Old Fort Railroad Day
- May 23, 24: Shenandoah, Va., Memorial Day Festival and Parade
- June 7: Manassas, Va., Manassas Heritage Railway Festival
- June 14: Delphi, Ind., Heritage Transportation Festival
- June 21: Roanoke, Va., Virginia Museum of Transportation African-American Railroad Celebration
- July 2-7: Altoona, Pa., Railroaders Memorial Museum
- July 16: Operation Lifesaver train round trip Roanoke – Lynchburg, Va.
- July 31-Aug. 4: Jasper, Ind., Strassenfest
- Aug. 6: Operation Lifesaver train round trip Delaware-Chillicothe, Ohio
- Aug. 13: Operation Lifesaver train round trip Toledo-Bellevue, Ohio
- Aug. 30, 31: Scranton, Pa., Lackawanna Railfest 2008 at Steamtown National Historic Site
- Sept. 12-19: TRANSCAER Whistle-Stop Tour: Austell, Ga.; Greenville, S.C.; Charlotte, N.C.; Greensboro, N.C.; Roanoke, Va.
- Sept. 26-28: Spencer, N.C., Thomas the Tank Engine at North Carolina Transportation Museum
- Oct. 2-5: Toccoa, Ga., Currahee Military Weekend
- Oct. 8-20: Chattanooga, Tenn., Tennessee Valley Railroad Museum
- Nov. 1: Meridian, Miss., Railfest
- Nov. 5-23: Duluth, Ga., Southeastern Railway Museum
- Dec. 5-7: Strasburg, Pa., Thomas the Tank Engine at Strasburg Railroad

## NS team expands efforts to improve local emergency response

A project initiated by Norfolk Southern's Waynesburg, Pa., safety committee to assign street addresses to railroad emergency access points has been a resounding success. It's so successful that the committee is expanding its efforts.

Safety committee team members began a local area rail/road interface project in 2006 to assign street addresses to each railroad emergency access point along a 200-mile stretch of track running through three Pennsylvania and two West Virginia counties. Rail mile posts do not have addresses in the 911 emergency dispatching system, which makes it tough for emergency responders to render assistance.

"We worked with our local telephone provider in Pennsylvania and 911 emergency centers to develop the system and used the latest GPS technology to assign addresses," said **Bob Terry**, conductor and team member. "It was very successful, so we've been working since then to expand our efforts."

Current 911 team members **Pete Kutbatka**, engineer; **Terrence Johnson**, conductor; and **Shawn Phillips**, clerk, are working on significant upgrades and improvements with area 911 centers including new county systems, a river rescue system, and road verification with company cars. The team's most

encouraging update came from NS safety teams at other terminals. Safety committees from Ohio and other locations in Pennsylvania have contacted the Waynesburg team asking for advice.

For their initial efforts, members of the original Waynesburg team - **David Davison**, conductor; **John Manes**, clerk; **Doug Trimmer**, engineer; and Terry - were honored at Thoroughbred Award ceremonies in 2007

"This is really about the safety of the community," Terry said. "Within five days of operation in the initial phase of our project we sent a fire truck out to an emergency access site to remove a car from the tracks. These kinds of incidents continue to show how important this project is to the safety of our employees and the community."

The Waynesburg team is encouraging other safety committees to consider this kind of project.

"CEO **Wick Moorman's** continuing support and encouragement has been a major factor in moving ahead," Terry said. "His interest in getting good ideas from everyone in the company has kept us motivated. Local divisions can do this anywhere. Other than some manpower, it virtually costs nothing but time, and it benefits everyone in the community."

The team's plan is to continue helping individual committees in building functional systems and working towards a system integration plan. Any safety committee interested in joining the effort can contact Terry at [tabra@nscorp.com](mailto:tabra@nscorp.com).

## NS awards 10 college scholarships

Congratulations to 10 sons and daughters of employees who are receiving college scholarships from Norfolk Southern as part of the company's annual scholarship program.

Kenneth Listwak, son of **Ronald Listwak**, assistant vice president utility north, and Deborah Listwak is receiving the National Merit Scholarship. He is a graduate of Devon Preparatory School, Devon, Pa., and plans to attend Villanova University in Pennsylvania

Receiving Norfolk Southern Special Scholarships are:

- Galen Bakos, son of **Jeff Bakos**, bridge and building foreman, and Jayne Bakos, and a graduate of Valley High School, New Kensington, Pa. He plans to attend Pennsylvania State University at University Park;
- Megan Hilands, daughter of **Daniel Hilands**, machine operator, and Deborah Hilands. A graduate of Richland High School, Johnstown, Pa., she plans to attend The Johns Hopkins University;
- Wesley Hough, son of **Joseph Hough**, conductor, and Diane Hough, a graduate of Maconaquah High School, Bunker Hill, Ind., who plans to attend Hanover College in Indiana;
- Maureen McNabb, daughter of **James McNabb**, director marketing, and Denise McNabb, and a graduate

of Northside High School, Roanoke. She plans to attend the College of William and Mary in Virginia;

- Sarah Rhodes, daughter of **James Rhodes**, conductor, and Kimberly Rhodes, and a graduate of Covenant Christian School, Tuscumbia, Ala., who plans to attend Auburn University in Alabama;
- Cory Smith, son of **Edwin Smith**, conductor, and Elizabeth Skiles. He is a graduate of Rhea County High School, Evesville, Tenn., who plans to attend Tennessee Technology University;
- Laura Stahley, daughter of **Robert Stahley**, assistant manager CYO, and Mae Stahley. A graduate of Morrow High School, Morrow, Ga., she plans to attend the Georgia Institute of Technology;
- Emily Welsh, daughter of **Timothy Welsh**, assistant track supervisor, and Anne-Marie Welsh, and a graduate of Mercyhurst Preparatory School, Erie, Pa., who plans to attend the University of Notre Dame; and
- Kaitlin Williams, daughter of **Seth Williams**, brakeman, and Elise Williams, and a graduate of Warwick High School, Newport News, Va., who plans to attend the University of Richmond in Virginia.

National Merit Scholarship Corporation, an independent, nonprofit organization, selects scholarship recipients. For detailed descriptions of the scholarships sponsored by Norfolk Southern and other corporations, refer to the Web site, [www.nationalmerit.org](http://www.nationalmerit.org).

## Call for entries for the 2009 NS wall calendar contest

If you think the year's going by quickly, you're right. It's time again to submit photos for the annual Norfolk Southern wall calendar contest. You can win \$500 and 50 calendars and have your name and photo appear on 100,000 copies. The contest is open to active employees of NS and subsidiaries. Follow these rules to enter:

### Digital

- Use a four-megapixel or higher camera.
- Submit a TIF, RAW, or JPG image. TIF images are great for the wall calendar. While they take up more room on a camera storage card, they contain the image data we require. Your TIF images will reflect the camera settings you selected, such as white point setting, contrast, saturation, and sharpening level or "automatic." RAW images are even better for the wall calendar. These files are full resolution with no settings applied. In fact, your initial images may appear weak. Later, once the image has been transferred to your computer using Photoshop or your camera-specific software, you can apply any settings you wish. The variety of settings and possibilities is broader, and the photographer isn't locked into simple pre-set camera settings. This means the photographer is able to extract the maximum possible image quality. JPG is the least preferred file format because the image is compressed. Important data has been discarded to make the file smaller, which can affect image quality once it is enlarged to calendar size.
- Always use a CD. Whether submitting a TIF, RAW, or JPG image, send it to us on a CD, along with a README file giving the specifics of the photograph, such as where it was shot, when, by whom, and a description.
- Resist enhancing your image. We will clean up your image by removing trash and graffiti, applying correct color and contrast settings, and sharpening. Avoid the common and irreversible mistake of over-sharpening your image.
- Emailed and ZIP images are not eligible.

### Slides

- Submit horizontal images only.
- Duplicate slides and prints copied to slides aren't eligible because of poor quality.

### Large-format transparencies and 35 mm negatives

- If your negative is in a strip, send the entire strip.
- If your negative is 35mm, for judging purposes you must include a four-by six-inch color print.
- For large-format submissions, no color print is required.

### How to enter:

You may enter up to five images. For each, provide details, such as location and time of year, origin, destination, and cargo, if known. Is there anything special about this train? Is it a new service? Is the area unique? Why did you choose this spot? Don't forget to include your name, work location, home address and, most important, telephone numbers where we can reach you.

### What are the judges looking for?

Calendars are distributed to employees, customers and opinion leaders, and sold to the public. Photos depicting NS trains with various commodities in communities across the system are the mainstay of the calendar. However, if you have ideas for alternate images illustrating the strengths of Thoroughbred transportation, these will be considered. Judges from various departments will evaluate entries for seasonal variety, content, creativity and visual appeal, image quality, and commodity representation.

Winning photographers agree to the use of their photos in the calendar, related NS materials, and external publications. The photographer retains the copyright. NS will return all original slides, negatives, and prints, but will not be responsible for loss or damage.

### Deadline for entry: Aug. 1, 2008

For contest questions, contact Rhonda Broom, manager advertising and promotions, at (757) 629-2706 or e-mail [rhonda.broom@nscorp.com](mailto:rhonda.broom@nscorp.com). For technical photography questions, contact Michael Bickham, imaging manager, at (757) 629-2303 or e-mail [michael.bickham@nscorp.com](mailto:michael.bickham@nscorp.com).

Send entries to:  
2009 Calendar Contest  
Norfolk Southern Corp.  
Three Commercial Place  
Norfolk, VA 23510-9217

As always, practice Thoroughbred safety when taking photographs.

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*CEO Wick Moorman, right, accepts the E.H. Harriman Gold Medal award for employee safety from Mark Ronseker, chairman, National Transportation Board.*